

A Bridge to Your Recovery, Biblical Counsel

The Bridge to Recovery* is a faith-based program that helps overcome battles with personal life struggles and addictions. God's Word, the Holy Bible shows amazing truths that lead to incredible victories.

A Bridge to Recovery: For people struggling with addictions or others seeking Biblical Christian counseling for Anger; Anxiety; Depression; et.al. While winter lasts in upstate New York Pastor Rice intends to Zoom meet weekly on Saturday Noon to 1 pm with 12 Bridge to Recovery lessons. You may Join Zoom Meetings at: Meeting ID: 491 867 1652 Passcode: GSBC

I am Pastor Ed Rice, Pastor of Good Samaritan Baptist Church, 54 Main St., Dresden, NY 14441, offering to mentor local or remote students in the 12 step Bridge to Recovery Program. It can be a lifeline for those struggling with addictions, anger; anxiety; or depression. You can contact Pastor Ed Rice through our website and view these slides at www.GSBaptistChurch.com/b2r/

R.B. Ouellette, Pastor First Baptist Church of Bridgeport Michigan, developed the Bridge to Recovery faith-based program that helps people overcome their battles with personal struggles and addictions. <https://recovery-bridge.com/core-truths/> accessed Dec 2024

Bridge to Recovery Material by R. B. Ouellette

Welcome to the Bridge <https://recovery-bridge.com/> Core Truths

<https://recovery-bridge.com/core-truths/> View 12 Videos in 12 weeks

Recovery-Bridge.com Approach

The Bridge to Recovery for addictions is a 3 step program, generally on Thursday night, where we connect, connect, connect . First we connect with God through testimonies and a challenging truth from God's word. Next we Connect with each other in group. In the group you will meet your group leader, work on curriculum and receive peer support. Last you will connect with yourself during the week to study God's word and find victory over your stronghold. Come join us where you will receive love, encouragement, and support as you begin your journey of victory.

Register in the program – Next Step <https://recovery-bridge.com/>

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Bridge 2 Recovery 12 Core Truths

Core Truth 1. **My recovery depends on my relationship with God.** Heb.11:6.

Core Truth 2. **I will never make progress until I become honest about my struggle.** Psalm 51:3.

Core Truth 3. **Victory begins with surrender.** Romans 12:1-2.

Core Truth 4. **In Jesus, I can have freedom and forgiveness.** Isa.55:7.

Core Truth 5. **Meditating on God's word will help me find victory and freedom.** Psalms 1:2.

Core Truth 6. **Fixing the root will change the fruit... genuine change comes from the inside out.**

2Cor.10:3-5.

- 1) Come In to the Ark - Salvation
- 2) Come Now Isa 1118 - Sin is Scarlet, Red with it After
- 3) Come After... Draw a Picture of Me
- 4) Come Out - Be ye Separate
- 5) Come Up Higher Rev 4

Bridge 2 Recovery 12 Core Truths Cont

Core Truth 7. **The priorities in my life dictate the progress of my life.**

Matthew 6:33.

Core Truth 8. **Life is not made by my desires, but by my decisions.**

Philippians 4:8.

Core Truth 9. **My past does not need to determine my future.** Phil.3:13-14.

Core Truth 10. **True success is not achieved by keeping rules, but by maintaining a right relationship with God and others.** Matthew 22:37-40.

Core Truth 11. **My choices affect me and also those around me.**

Rom.5:12.

Core Truth 12. **My friends will affect my future.** Psalm 1:1.

Bridge 2 Recovery Core Truths 1-4

- 1. My recovery depends on my relationship with God.** Hebrews 11:6, *“But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.”*
- 2. I will never make progress until I become honest about my struggle.** Psalm 51:3, *“For I acknowledge my transgressions: and my sin is ever before me.”*
- 3. Victory begins with surrender.** Romans 12:1-2, *“I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.”*
- 4. In Jesus, I can have freedom and forgiveness.** Isaiah 55:7, *“Let the wicked forsake his way, and the unrighteous man His thoughts: and let him return unto the Lord, and he will have mercy upon him; and to our God, for he will abundantly pardon.”*

A Faith Based Recovery Program has THREE KEYS

Commitment & Connections

Commitment to God

Commitment to Self

Commitment to Others

Make an investment in your recovery. ... Buy something, notebook and pen, Material, Book #1, a Bible et.al.

Make an investment in your time Read and ponder daily, Keep a daily record, attend regular sessions, et.al.

WRITE IT DOWN!

Everyone who's Anyone was a JOURNALER!
Expressing Feelings Effectively
5% in speech **90% in writing**, with pencil!

It is The Power of The WORD of God

Commitment to Bible Reading

Commitment to Write it out verbatim

It is NOT MY persuasive communication PTL

The WORD is Quick and Powerful

Discerns Thoughts and Intents

Faith cometh by ??

Add to your faith ... do these things ... never fall! 2Pet



These Lesson Assignments are designed and administered by Pastor Rice and differ from the exceptional lessons and booklets you receive when you register in Bridge to Recovery Program through <https://recovery-bridge.com/>

Bridge-To-Recovery GSBC Assignment 1

Get a notebook: spiral, 3 ring, composition, journal, et.al.

Write Core Truth #1, with its Key Verse verbatim

(use a King James Bible)

Core Truth 1. My recovery depends on my relationship with God. Hebrews 11:6, *“But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.”*

Bridge-To-Recovery GSBC Assignment 1 (cont)

Write out verbatim from an Authorized King James Bible these 12 verses of "The Romans Road": John 3:16,17,18, 36, 5:24, Romans 3:10,23, 5:8, 6:23, 10:9,10,13

Joh 3:16 - 18, 36 For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. For God sent not his Son into the world to condemn the world; but that the world through him might be saved. He that believeth on him is not condemned: but he that believeth not is condemned already, because he hath not believed in the name of the only begotten Son of God. ... He that believeth on the Son hath everlasting life: and he that believeth not the Son shall not see life; but the wrath of God abideth on him.

Joh 5:24 Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.

Ro 3:10,23 As it is written, There is none righteous, no, not one: ... For all have sinned, and come short of the glory of God;

Ro 5:8 But God commendeth his love toward us, in that, while we were yet sinners, Christ died for us.

Ro 6:23 For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.

Ro 10:9-10, 13 That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. For with the heart man believeth unto righteousness; and with the mouth confession is made unto salvation. ... For whosoever shall call upon the name of the Lord shall be saved.

Bridge-To-Recovery GSBC Assignment 1 (cont)

Watch Core-Truths Video #1 <https://recovery-bridge.com/core-truths/> or, if you do not have the means, watch it with Pastor Rice, by appointment, in person or via zoom.

Call/Text your Mentor to report that B2R L1#1 is complete.

For people struggling with personal life struggles, life decisions, addictions or others needing Biblical Christian counseling for Anger; Marriage; Anxiety; Depression; Addictions; Death; Suffering, et.al. ...

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Watch Core-Truths Video #1 <https://recovery-bridge.com/core-truths/>
Contact Pastor Rice at www.GSBaptistChurch.com and Keep Attending Weekly.

Core Truth 1. My recovery depends on my relationship with God. Hebrews 11:6, "But without faith it is impossible to please him: for he that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him."



**MY RECOVERY DEPENDS
ON MY RELATIONSHIP
WITH GOD.**

1